

# University of Pretoria Yearbook 2020

## Sports practical 100 (PRC 100)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	12.00
<b>Programmes</b>	<a href="#">BSportSci</a>
<b>Contact time</b>	2 practicals per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Year

### Module content

\*Closed – requires departmental selection.

This module will serve as the foundation for swimming, netball, athletics and gymnasium movement skill acquisition. The module serves as exposure to and experience in the movement skills practiced in swimming, netball, athletics and gymnasium. This will aid the Sport Scientist and Biokineticist to better understand and condition clients and patients practicing these sports. Sports-specific skills, team situation; rules and regulations, refereeing; game analysis; coaching.

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